

### West Des Moines

- 1 – Welcome Home meeting, 3 p.m.  
Ribbon Cutting, 4-9 p.m.
- 2 – Payer Source Education, 11 a.m.
- 3 – Nursing Schedule Review, 10:30 a.m.  
Weekend Prep, 4 p.m.
- 6 – New Team Member Orientation
- 7 – New Team Member Orientation  
Des Moines office staff meeting, 11 a.m., 3 p.m.  
QA Department meeting, 2 p.m.  
Preceptor Meeting, 3 p.m.
- 8 – Welcome Home meeting, 3 p.m.
- 9 – Home Care 101  
Administrative staff meeting, 9 a.m.  
Professional staff wound care training, 11 a.m.  
Staffing meeting, 3 p.m.
- 10 – Home Care 101
- 14 – New staff reunion, 1 p.m.  
QA Department meeting, 3 p.m.
- 16 – Professional staff meeting, 11 a.m.
- 20 – New Team Member Orientation  
Performance Improvement meeting, 1 p.m.
- 21 – Budget meeting, 10 a.m.  
QA Department meeting, 2 p.m.
- 22 – Welcome Home meeting, 3 p.m.
- 23 – Home Care 101  
Home Health Aide meeting, 1 p.m.  
Staffing meeting, 3 p.m.
- 24 – Home Care 101
- 28 – Scheduling Department team meeting, 10 a.m.  
QA Department meeting, 2 p.m.
- 29 – Welcome Home meeting, 3 p.m.
- 30 – Medication Management, 11 a.m.

### Fort Dodge

- 3 – Blood Pressure Clinic at Deer Creek, 2 p.m.
- 6 – Medicare meeting, 10 a.m.
- 13 – Administrative meeting, 8 a.m.  
Medicare meeting, 10 a.m.
- 16 – All Staff in-service, noon
- 17 – Performance Improvement meeting, 10 a.m.
- 18 – Medicare meeting, 10 a.m.
- 20 – Medicare meeting, 10 a.m.  
IME Training
- 21 – IME Training  
Budget meeting, 8 a.m.
- 27 – Nurses meeting, 8 a.m.  
Medicare meeting, 10 a.m.

### Marshalltown

- 1 – Nurses' meeting, 12:30 p.m.
- 7 – Office staff meeting, 2 p.m.
- 8 – Nurses' meeting, 12:30 p.m.
- 15 – Nurses' meeting, 12:30 p.m.
- 22 – Nurses' meeting, 12:30 p.m.
- 29 – Nurses' meeting, 12:30 p.m.

### Boone

- 2 – Scheduling meeting, 8 a.m.
- 6 – Administrative meeting, 8 a.m.
- 9 – Scheduling meeting, 8 a.m.
- 13 – Administrative meeting, 8 a.m.
- 16 – Scheduling meeting, 8 a.m.
- 20 – Administrative meeting, 8 a.m.  
Performance Improvement meeting, 1 p.m.
- 21 – Budget meeting, 9:45 a.m.
- 23 – Scheduling meeting, 8 a.m.
- 27 – Administrative meeting, 8 a.m.
- 28 – Mandatory Home Health Aide meeting, 1 p.m.

### June Birthdays!

YOU ARE A YEAR OLDER!!!

- 4 – Kim Schrodt
- 6 – Maria Makhmurgan
- 7 – Kasi Wares
- 8 – Karen Michehl
- 12 – Lindsey Doty
- 13 – Arniece Scott
- 15 – Erica Rice
- 16 – Carrie Barr
- 24 – Evelyn Duffy
- 25 – Mary Dettmer  
Jill Grant
- 29 – Jennifer Farnsworth

## May Marketing Events

### Ribbon Cutting - June 1

On Wednesday, June 1, Iowa Home Care will host the Grand Opening at the West Des Moines Office, 2500 University Avenue.

The event will take place from 4-9 p.m. with the ribbon cutting with Hon. Steven K. Gaer, the Mayor of West Des Moines, at 5 p.m. Join us for the cookout, beverages and a live band.

### Start! Heart Walk

Start! Heart Walk will take place on June 18 at 9 a.m. at the Iowa State Capitol in Des Moines.

Employees can register by calling or emailing Jenny McCuen at [jmccuen@iowahomecare.com](mailto:jmccuen@iowahomecare.com) or 515-222-2285 or 877/422-7342.

You also must sign up for the team by registering at <http://heartwalk.kintera.org/desmoines/iowahomecare>. Remember, this is a fundraiser, so make sure you get your friends and family excited and donating to the American Heart Association.



## In This Issue

- Nurses Week
- New Team Members
- Promotions
- Tornado Safety
- Nurses Poem

June 2011

## Iowa Home Care Celebrates Nurses Week



National Nurses Week, May 6-12, gave all of Iowa Home Care's branches an opportunity to celebrate each and every special nurse.

A big "thank you" to all of our nurses! Here's a glimpse of what each branch did:

**Boone** – On Monday, May 9, the Boone branch had an all-staff celebration with pulled pork sandwiches and a potluck. They had a cake from the Dutch Oven Bakery for dessert.

**Fort Dodge** – On Friday, May 6, Fort Dodge had a Nurses Week appreciation

barbeque with the entire staff. They had a Nurses Week cake for dessert.

**Marshalltown** – On Friday, May 6th, the nurses were greeted by a fun poster titled "Happy Nurses week to a Bloomin' Great Bunch!" They were served a barbeque lunch and had cake for dessert. Two Marshalltown Advisory Board members, Duane Meyer and Linda York, attended the picnic.

The nurses were pampered with small gifts throughout the remainder of National Nurses week: hand lotion, hand sanitizer, bottled water, yummy treats, a lapel pin

and rootbeer floats.

**West Des Moines** – On Friday, May 6, West Des Moines celebrated nurses with a fashion show featuring Ticceo apparel.

Nurses and other employees got dressed up in scrubs, vests and other Iowa Home Care logoed apparel and walked down the runway. Office staff, nurses, home health aides, family and friends all came to see the show.

Nurses were also treated to a cake to celebrate Nurses Week.

## Tornado Safety

By Ryan Krabbe, Accounting Specialist

As we move into June, the temperature continues to increase and so does the threat for severe weather, including tornadoes. Iowa Home Care has employees in a diverse array of situations out in the field. Each of these situations require different procedures when it comes to severe weather. Please observe the following tips if you find yourself in a tornado warning.

**In a house with a basement:** Avoid windows. Get in the basement and under some kind of sturdy protection (heavy table or work bench), or cover yourself with a mattress or sleeping bag. Be aware of heavy objects above you that could fall.

**In a house with no basement, a dorm, or an apartment:** Avoid windows. Go to the lowest floor in a small center room (like a bathroom or closet), under a stairwell, or in an interior hallway with no windows. Crouch as low as possible to the floor, facing down; and cover your head with your hands. A bath tub may offer a shell of partial protection. Cover yourself with some kind of thick padding.

**In an office building, hospital, or nursing home:** Go directly to an enclosed, windowless area in the center of the building, away from glass and on the lowest floor possible. Then, crouch down and cover your head. Interior stairwells are usually good places to take shelter. Stay off of elevators.

**In a mobile home:** Get out! Even if your home is tied down, you are probably safer outside. If there is close shelter, go there fast. Otherwise, lie flat on low, open ground away from your home, protecting your head.

**In a car or truck:** Vehicles are extremely dangerous in a tornado. If the tornado is visible, far away, and the traffic is light, you may be able to drive out of its path by moving at right angles to the tornado. Otherwise, park the car out of traffic as quickly and safely as possible. If shelter is close, go there fast. Otherwise, lie flat on low, open ground away from your home, and protect your head.



### Nurses

By Millie Carr, LPN

*Nurses are one of a kind,  
We provide a service so divine.  
We give care from head to toe,  
Offer water before closing the door.  
We enter your home with a smile and hello,  
To see how you're doing,  
And make your day glow.  
We are all different in a special way.  
We are Iowa Home Care,  
What more can we say?*



Gina Hinnners is Iowa Home Care's new Aflac representative to help assist with any claims or policy questions you may have.

Phone: 712-292-9046  
Email: g\_hinnners@us.aflac.com



Jenny Holtorf (left) and Elisa Hutchinson

## Promotions in West Des Moines

By Rachel Edge, Human Resources Generalist

Congratulations to Jenny Holtorf and Elisa Hutchinson on their recent promotions! Jenny was promoted to the Human Resources Assistant, and Elisa is now our Patient Care Coordinator in charge of orders. Jenny celebrated her year at IHC on May 10th this year and Elisa will be celebrating her year with us on June 14th.

Stop by and see both girls in their new offices and congratulate them on their hard work and dedication. Here's a little information about each of them you may not know:

Jenny is recently married to Jake Holtorf (as of last June) and has a Golden Retriever named Carver. Can you tell they are Hawk-

eye fans? She is originally from Cedar Falls where she grew up in the country with her parents, brother, and two Golden Retrievers. She graduated from the University of Iowa with a degree in Communication Studies and minors in Spanish and Sociology. She loves to read, go on walks, and have dinner with friends. She also loves to travel and has been to Germany, Austria, the Czech Republic, Mexico, and Canada! Her favorite quote is "A smile is the lighting system of the face, the cooling system of the head, and the heating system of the heart." Jenny began with IHC as our Document Control Clerk, moved to our Patient Care Coordination department and now to HR. We are thrilled to have her as a part of our family.

Elisa is originally from Creston, Iowa and now resides in West Des Moines with her adorable 4-year-old daughter Ella. She loves playing with her daughter (usually coloring, reading, bike-riding, or swimming). Elisa graduated from Missouri Valley College with a BS in Fine Art and a minor in Business. She enjoys traveling to spend time with friends and is obsessed with her nookcolor!

Elisa began with IHC as a Triage Patient Care Coordinator before moving into her new position. Elisa is dedicated to helping people and making a difference, we're very happy she chose Iowa Home Care as her outlet to do so!

## New Team Members

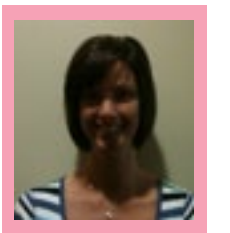
Please give a big Iowa Home Care welcome to our newest team members!



**Sheena Bauer, RN**  
Case Manager  
West Des Moines



**Mikia Burkett, RN, BSN**  
Case Manager  
West Des Moines



**Mel Buseman, RN**  
Case Manager  
West Des Moines



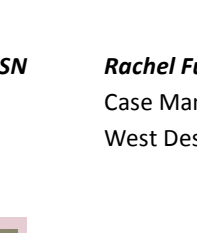
**Jennifer Butler**  
Home Health Aide  
West Des Moines



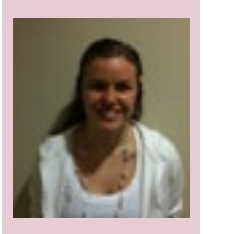
**Sarah Edwards, RN**  
Case Manager  
West Des Moines



**Michele Edwards, RN, BSN**  
Case Manager  
West Des Moines



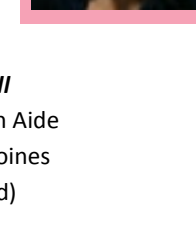
**Rachel Fuller, RN, BSN**  
Case Manager  
West Des Moines



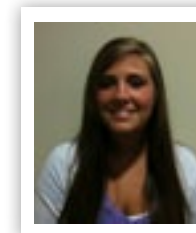
**Kayla Hatch, RN**  
Case Manager  
Marshalltown



**Sara Hollander**  
Patient Care Coordinator  
West Des Moines



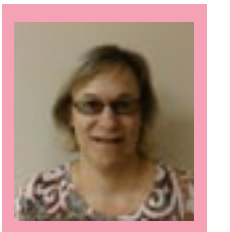
**Candi Howell**  
Home Health Aide  
West Des Moines  
(Not pictured)



**Lauren Quinlivan**  
Home Health Aide  
West Des Moines



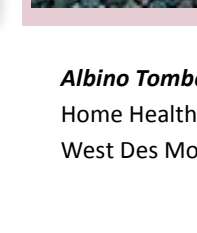
**Lisa Ray, LPN**  
Case Manager  
Boone



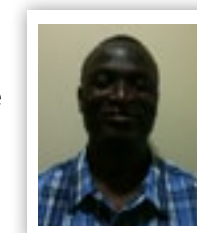
**Barb Richards**  
Patient Care  
Coordinator  
Boone



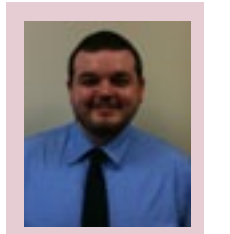
**Carmen Rodriguez**  
Office Manager  
West Des Moines



**Albino Tombe**  
Home Health Aide  
West Des Moines



**Karen Walker**  
Home Health Aide  
West Des Moines



**Brad Vote**  
Network Administrator  
West Des Moines